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~~Out of Control, Why Disciplining Your Child Doesn't Work ...~~

And this, I reveal to them, is the reason why disciplinary strategies with our children backfire. We say we want to teach our children proper behavior and help them develop self-discipline. Yet instead, we have adopted strategies that are the direct opposite of teaching and instead are just clever guises of manipulation and control.

~~Out of Control: Why Disciplining Your Child Doesn't Work ...~~

Embedded in the collective psyche is the notion that discipline is the cornerstone

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to achieving these goals. Out of Control offers a never-before-published perspective on why the entire premise of discipline is flawed. Dr. Shefali Tsabary reveals how discipline is a major cause of generations of dysfunction.

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~~Disciplining your Child—Connecticut~~

Out of Control—Why Discipline Doesn't Work and What Will challenges this notion, offering a never-before-published perspective on why the entire premise of discipline is flawed. Dr Shefali Tsabary shows that the very idea of disciplining children has in fact been a major cause of generations of dysfunction.

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~~Out of Control: Why Disciplining Your Child Doesn't Work ...~~

Out of Control: Why Disciplining Your Child Doesn't Work and What Will by Shefali Tsabary. Every parent wants the golden key to raising well-behaved, academically gifted, successful, happy children. Embedded in the collective psyche is the notion that discipline is the cornerstone to achieving these goals.

~~Out Of Control Why Disciplining~~

Out of Control reveals how the very discipline we impose to control behavior is in reality a major cause of bad behavior, disrespect for adults, and dysfunction such as bullying, hostility toward family and society, drugs, alcoholism, and teen suicide.

~~Out of Control : Why Disciplining Your Child Doesn't Work ...~~

Out of Control Quotes. The corporate world even celebrates the cutthroat approach of stepping over others,

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knifing them in the back, and scrambling to the top of the ladder at the expense of colleagues—behavior that reflects an inability to connect with and care for others.” — Shefali Tsabary , Out of Control: Why Disciplining Your Child Doesn't Work... and What Will.

~~Out of Control: Why Disciplining Your Child Doesn't Work ...~~

The parent, acting the part of the warden, swoops in to dish out either a reward or a punishment. The prisoner soon becomes dependent on the warden's control to regulate their behavior. This system of rewards and punishments undercuts the child's capacity to learn self-discipline, subverting their inherent potential for self-regulation.

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~~How to Deal With Out of Control Kids~~
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Timeouts can be effective discipline for toddlers. A child who has been hitting, biting, or throwing food, for example, should be told why that behavior is unacceptable and taken to a designated timeout area - a kitchen chair or bottom stair - for a minute or two to calm down (longer timeouts are not effective for toddlers).

~~The Conscious Parent - Dr. Shefali~~
Many parents feel like their kids are out of control at one time or another. But usually, that feeling is fairly fleeting. For

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some parents, however, out of control kids have become the norm. Their children refuse to listen, break the rules, and couldn't care less about consequences.

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~~Out of Control — Namaste Publishing~~

Shefali Tsabary shows that the very idea of discipline is a major cause of generations of dysfunction. "Out of Control" goes to the heart of the problems we have with our children, challenging society's dependence of discipline, daring us to let go of our fear-based ideologies and replace them with

Download Ebook Out Of Control Why Disciplining Your Child Doesn't Work And What Will. Dr. Shefali Tolle, an approach that draws parent and child together instead of alienating them.

~~Why Discipline Doesn't Work—Kindred Media~~

It's because discipline focuses on behavior, not on the feelings driving the behavior, that it undercuts the very thing we are trying to accomplish. We've been so schooled to impose "lessons" on our children that it feels counterintuitive to allow the lesson to emerge naturally out of the situation.

~~Why Everything We Know About Discipline Is Wrong ...~~

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